

THE MATING RATING QUIZ

For the Boys : How Do You Measure Up In the Market Place?

This quiz has been designed to evaluate your Mating Rating – that is, where people of the opposite sex (or those who have the opposite brain wiring to you) see you on the Desirability Scale. This quiz is good for anyone who wants to improve their Mating Rating and jump up to the next level. It will help you to pinpoint your weaker areas and the areas in which you are not achieving. No matter which category you achieve in this test, if you are happy to be in that category, then that's OK. If you are not happy in a category, however, this test will guide you to the areas in which you'll need improvement. We have found that people are usually tough on themselves and we suggest

that you ask someone who knows you well to do the quiz with you to guide you towards what they think could be the most accurate response for you. This way, you will discover not only how you see yourself but how others see you. Many people will be surprised at how others see them compared to how they rate themselves.

Answer all the questions before looking at the scoring system so that you stay honest with yourself.

From the No. 1 Bestselling Authors of Why Men Don't Listen & Women Can't Read Maps

WHY
MEN WANT
SEX
— & —
WOMEN
NEED
LOVE

Allan & Barbara Pease

Available now

Section 1

- I am within my recommended Body Mass Index.
a) rarely b) sometimes c) mostly
- I tell the truth on my résumé.
a) rarely b) sometimes c) mostly
- If a woman made flirtatious eye contact with me in a bar, I would recognise the signals.
a) rarely b) sometimes c) mostly
- I can read between the lines of what people say.
a) rarely b) sometimes c) mostly
- I do regular exercise and/or sport.
a) rarely b) sometimes c) mostly
- I take credit for things that I do, not what I haven't done.
a) rarely b) sometimes c) mostly
- When I see a special or unique gift, I often buy it for someone.
a) rarely b) sometimes c) mostly
- I have a V-shaped upper body.
a) rarely b) sometimes c) mostly
- When I am in a relationship, I handwrite notes and send texts and emails telling my partner how special she is.
a) rarely b) sometimes c) mostly
- Most people think I have a good sense of humour.
a) rarely b) sometimes c) mostly
- I love children and animals.
a) rarely b) sometimes c) mostly
- I know what the G-spot is and how to find it.
a) rarely b) sometimes c) mostly
- I am a good listener and am compassionate to others' needs.

a) rarely b) sometimes c) mostly

14. People who know me would say I have good manners.

a) rarely b) sometimes c) mostly

15. I have good skin and a clear complexion.

a) rarely b) sometimes c) mostly

16. What is your height compared to the average man?

a) shorter b) average c) taller

Section 1 total A: B: C:

Section 2

17. I like to meet new people, make new friends and am approachable.

a) rarely b) sometimes c) mostly

18. I can laugh at myself.

a) rarely b) sometimes c) mostly

19. I can sense when others feel pain, hurt and sorrow.

a) rarely b) sometimes c) mostly

20. I update my wardrobe regularly – especially underwear.

a) rarely b) sometimes c) mostly

21. I often think about ways I can make my partner feel loved.

a) rarely b) sometimes c) mostly

22. I can easily laugh about daily life and I laugh readily.

a) rarely b) sometimes c) mostly

23. People who know me would say I have good common sense.

a) rarely b) sometimes c) mostly

24. I take into consideration the needs of significant people in my life.

a) rarely b) sometimes c) mostly

25. I take pride in my personal grooming – for example, my hair, nails and skin

are clean.

a) rarely b) sometimes c) mostly

26. I enjoy jokes and laugh at them.

a) rarely b) sometimes c) mostly

27. When I meet someone who I would like to have a relationship with and who has an interest in me, I do everything I can to court them.

a) rarely b) sometimes c) mostly

28. I regularly say, 'I love you,' to my partner.

a) rarely b) sometimes c) mostly

29. I often make dinner, wash the dishes or give my partner the night off.

a) rarely b) sometimes c) mostly

30. Most people think I am an honest, upstanding individual.

a) rarely b) sometimes c) mostly

31. I am confident in my physical appearance and physical abilities.

a) rarely b) sometimes c) mostly

32. When life is tough, I can still find something to be positive about.

a) rarely b) sometimes c) mostly

33. When I decide to accomplish something, I see it through to the end.

a) rarely b) sometimes c) mostly

34. If someone drops \$20, I pick it up and give it to them.

a) rarely b) sometimes c) mostly

35. People who know me would say I am street-smart.

a) rarely b) sometimes c) mostly

36. My body is symmetrical. (One side matches the other.)

a) no b) fairly c) yes

Section 2 total A: B: C:

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Section 3

37. I have a positive attitude to life and clear goals. I am ambitious.
a) rarely b) sometimes c) mostly
38. I am willing to share my resources with the partner in my life.
a) rarely b) sometimes c) mostly
39. I know that first impressions are critical to how well I get on.
a) rarely b) sometimes c) mostly
40. I strive to increase my resources.
a) rarely b) sometimes c) mostly
41. The way I groom and dress myself can influence my status with others.
a) rarely b) sometimes c) mostly
42. I would never keep secrets from my partner and believe honesty is the best way.
a) rarely b) sometimes c) mostly
43. If an obstacle appears in my life, I can find creative solutions to rectify it.
a) rarely b) sometimes c) mostly
44. I strive to improve my skills.
a) rarely b) sometimes c) mostly
45. With your palm facing towards you, look at the ring finger on your hand. Is it longer or shorter than your index finger?
a) longer b) the same c) shorter
46. What are your income and assets compared to the average man?
a) lower b) average c) higher

Section 3 total A: B: C:

Total score

Section I	A)	B)	C)
Total from each column			
Multiple by	1	2	3
Section 1 Total			
Section 2			
Total from each column			
Multiple by	1	4	6
Section 2 Total			
Section 3			
Total from each column			
Multiple by	1	6	9
Section 3 Total			
Overall total (add up total from each section) =			

Scoring

46-109 points

The Only Way is Up!

You've got work to do, you're at the lower end of the desirability scale, but all is not lost. Remember He Who Dares Wins! Rank the areas you need to improve in and tackle each one in order.

So put down that pint and pick up those dumbbells, place that GQ subscription and get exfoliating (if you don't know, look it up now). You'll be surprised how quickly you can progress.

110-215 points

Average Joe

The majority of people fall into this category, so you're certainly not alone. But it wouldn't take much to raise your game, there's still time to be smarter than the average bear if you're looking to hit that next level.

Both your personal life and career could benefit so tone that six pack, find a mentor, improve your body & mind and the ass will follow!

216-58 points

Yeah Baby!

Congratulations you're smokin', but you knew that anyway didn't you? If you were on the transfer market \$80 million wouldn't even get you to the table. You're a self assured go getter, who knows what they want and is out to make it Real. You know your value on the market and you're a FTSE 500 company. Just make sure you don't take your eye off the ball. Just like Ronaldo, when you shoot you score!