

LOVE, sex & security

Relationships have their ups and downs, hundreds of gurus offer advice but only Allan and Barbara Pease give us the facts

Allan and Barbara Pease are Australia's most successful publishing team with 18 bestselling books sold in more than 100 countries and millions of television viewers. This exceptional couple use their skills and experience to inspire others and boost personal growth.

Their best sellers include *Why Men Don't Listen and Women Can't Read Maps*, *The Definitive Book of Body Language*, *Why Men Don't Have A Clue* and *Women Always Need More Shoes*, *Easy Peasey: People Skills For Life* and *Questions are the Answers*. Their latest offering is *Why Men Want Sex and Women Need Love*, it is a must have book for men and women who want to make the most of their relationships.

Times have changed; social pressures and politically correct pretence make unrealistic demands on relationships. Once families stayed together for generations, now most of us are distanced from our families and many live in single person households. Allan and Barbara explain why men and women don't see things the same way and how to work around the differences to achieve a mutually satisfying relationship.

Barbara says women become frustrated when men don't communicate. "Women love to talk but men are not great communicators. For males, speech and language are not critical brain skills. When men get together to watch a football game, that's exactly what they do, watch the game. They don't talk. When women get together they chat away, regardless of whether they are watching a film, shopping, eating, or playing sport.

"Men evolved as hunters, not communicators. When they were hunting in pre-historic times, they communicated with lots of non-verbal signals and would often sit for hours silently watching for their prey. The only time men come close to communicating openly is when the division of communication in the tightly compartmentalised brain is broken down, usually by copious quantities of alcohol.

"Women are great communicators. They enjoy it and do lots of it. With specific areas allocated to communication in the brain, the other areas of the brain are freed up; this enables her to do lots of different tasks at once while talking. Women get rid of problems by talking about them.

Her objective is to discharge the problems, not to find conclusions or solutions. This can create friction, when he is silent, she feels unloved.

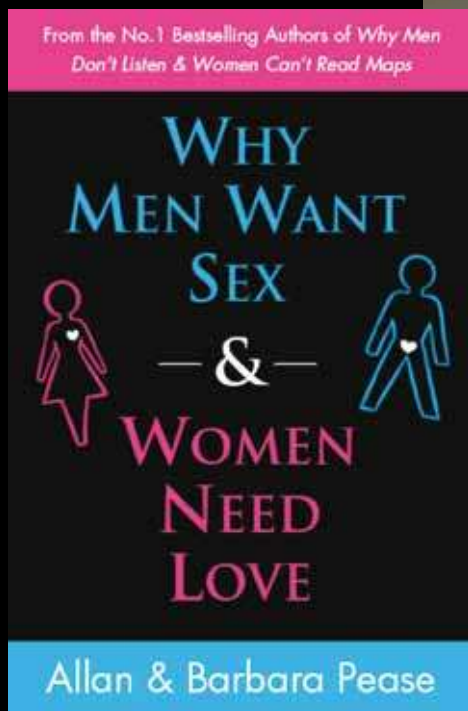
"Men talk mainly inside their heads. This self-talk is misconstrued by women, she assumes he is bored. He may be solving his problems as he gazes out of the window, or watches mindless sport on TV. He may become angry when his down time of self-talk is interrupted as a man can only do one thing at a time.

"His mono-tracking brain doesn't allow him to speak, watch TV, silent talk in his mind and eat at the same time. This is why women often feel their male partner is sulky, distant or neglectful. Men can go out and have a drink with the boys and that's exactly what it is. When he goes out to dinner with a woman, she gets worried if he isn't speaking the whole time.

"Women need to accept that men's brains really do behave very differently from their own and talking is not something they have evolved to do. Men need to accept that women need to talk to relieve stress, solve problems and plan for the coming day. Men need to remember that women are not searching for solutions from them; hence they can just sit back, relax and let the woman speak her words."

In *Why Men Don't Have A Clue & Women Always Need More Shoes*, Allan and Barbara expose what generations of females regard as boys' bad habits. Allan and Barbara compiled a list of the top seven things men do that drive women insane. The list was compiled from interviews, information and research from all over the world. It seems bad habits know no geographical, cultural or ethnic boundaries.

Allan says there are two categories of annoying male behaviour: those learned from childhood and those linked to the wiring of the male brain. "Bathrooms, shopping malls and highways all become unlikely battlegrounds as men become defensive and women go on the warpath. Here are the seven questions women most frequently ask about men and the answers." ●



- Q1.** Why do men continually offer solutions and give advice?
- A1.** Women often bemoan the fact that the men in their lives take a constant problem-solving approach to everything. They also give advice on how to handle situations in life whether women ask for it or not! The reality is that women usually just want to be heard, not fixed.
- Q2.** Why do men keep flicking through the channels with the remote control?
- A2.** Remote control: noun, female: a device for changing one TV channel to another. Remote control: noun, male: a device for scanning through 55 channels every 2.5 minutes. Men don't want to know what's on television; they want to know what else is on television. Apparently this behaviour has origins with the Neanderthals who relaxed at the end of a day's hunting by fire gazing. Channel-surfing is a modern male relaxant.
- Q3.** Why won't men ask for directions?
- A3.** Men don't get lost, they simply discover alternative destinations. To admit he is lost is to admit he has failed at his number one skill. Men developed their sense of direction over millions of years. Next time you drive past the same spot three times, don't blame him, blame history.
- Q4.** Why do men insist on leaving the toilet seat up?
- A4.** Men dream of a world where all toilets seats are left up. Sadly though, this lack of bathroom etiquette is a woman's nightmare.
- Q5.** Why do men make such a fuss about going shopping?
- A5.** Men equate shopping with game hunting. In prehistoric times, they would zero in on a target, make a quick kill and go home. That's exactly how men like to shop. This explains why they can buy Christmas presents for the entire family in less than 40 minutes. Women who don't want to fall prey to the male shopping style should leave him at home with the remote control.
- Q6.** Why do men have such disgusting personal habits?
- A6.** Flatulence, burping, scratching and body odour are more about male bonding and entertainment than anything else. Clearly, it's a guy thing.
- Q7.** Why do men love gross jokes?
- A7.** Males remember jokes. Some men can tell jokes they heard in fourth grade but don't know the date of their wedding anniversary. Laughter is also a predominantly male way of dealing with emotional pain. The harder it is for a man to talk about an emotional event, the harder he will laugh when told a joke about it. For women, male humour is no laughing matter.

Allan and Barbara are at their best when they provide readers with practical tips and solutions on how to manoeuvre through the minefield of modern romance. *Why Men Want Sex and Women Need Love* is a handbook for singles, people living together, married couples and anyone who wants to experience a realistic and loving relationship.



Living Gems® – the story

Inspiration, hard work and success see a dream come true



Local builder Peter Puljich started thinking about retirement in 1982. He was then in his 30s but already aware of the need for more lifestyle options for people aged 50 plus.

Peter says the idea of early retirement was launched in the 1980s. “Until then people accepted the fact that they would work until they were in their mid 60s. Baby boomers wanted more out of life, we are fitter and healthier than any previous generation.

“Baby boomers plan to live long lives and have fun. I came up with the idea of lifestyle resorts for the over 50s and Living Gems was born,” Peter says.

Living Gems Resorts are dotted throughout South East Queensland within a short drive of beautiful beaches and Brisbane. The resorts are designed for the young at heart and the facilities rival any five star holiday resort.

Home buyers can choose from a range of affordable architecturally designed free standing or duplex homes in Living Gems’ gated estates. The secure private entrance, tree lined streets and stylish homes are immediately appealing but the outstanding facilities are irresistible.

All Living Gems Lifestyle Resorts are set on acres of landscaped grounds. Home owners enjoy a country club lifestyle near city amenities. Resort facilities include an Olympic size heated swimming pool, a spa and a well-equipped gym.

There’s a private country club with a bar and restaurant. Social events are held in the elegant function room and the private theatre. Residents can use the function room and the commercial kitchen for private events.

Add to this a bowling green, tennis courts, an arts and crafts room, a fully equipped workshop and walking tracks to understand why Living Gems captivates people who want to make the most of their lives.

Homes at Living Gems Lifestyle Resorts are priced from \$268,000. The facilities are free and on site management takes care of the property and the grounds. Home owners’ lawns are mowed as part of the service.

Guests are welcome and the spacious two and three bedroom homes allow plenty of room for visiting family and friends. Bring the dog; pets are part of life at Living Gems. The superb grounds and friendly people make walking the dog a pleasure not a chore.

Living Gems Resorts make every day a holiday. People who enjoy travelling can leave their home secure in the knowledge that it will be safe while they are away. Camper vans and boats can be stored free of charge within the home owners property or on a secure compound within the estates.

Living Gems Lifestyle Resorts have it all. People who want to retire in sunny Queensland can enjoy the best of everything at a Living Gems Lifestyle Resort for the Over 50s.

See Ruby Gardens, Opal Gardens and Sapphire Gardens on the south side of Brisbane or head for the hills and see Sunstone Gardens at Maleny on the Sunshine Coast. Visit www.livinggems.com or phone 07 3287 4444 for more information. ●