



# THE MALE SPECIES DECIPHERED

Body language and communication expert Allan Pease is here to tell you what a man's behaviour and body language really means

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## ON A FIRST DATE

You need at least three of the following signals before you can make any determination whether this guy is interested or not.

### How to tell if he is interested

- Increased eye contact
- 'Preening' signals: adjusting clothing, pushing out any creases, touching hair, adjusting tie —making sure everything looks like it's in the right place
- Hips turned to face you or, if standing, his foot is pointing towards you
- Placing his hands on his hips to make himself look bigger (like a fish blowing itself up with water or bird fluffing all its feathers out)

### How to tell if he isn't interested

- Leaning away from you, hips facing away
- Lack of eye contact or looking at your boobs rather than your eyes
- Talking in short sentences
- Keeping his legs together when sitting
- Won't adjust clothing or make himself look bigger

## IN A RELATIONSHIP

### How to tell if a guy is falling in love

Men fall in love very, very slowly. One key sign is they stand closer to you and the

gap in the bed when you sleep is smaller. The space is directly related to how intimate he feels towards his partner. Guys need verbal demonstrations to fall in love, not just hear their partner say "I love you" — that usually just scares them off because they think of commitment and eternal monogamy. Instead say "When I'm with you I feel really great, my life is enhanced with you, the future looks brighter and I love being with you." To a guy, that means "I love you" without having to say it.

### How to tell if a guy is pissed off

The thing with men is they're not talking when they're happy and they're not talking when they're pissed off. We don't talk. The female brain can speak 8000-9000 words a day whereas it's 2000-4000 for a guy. The main purpose of female speech is bonding and rewarding, whereas for men it's to transfer facts and data. He gives information, solutions and answers. One of the top punishments for women is not talking but if a guy isn't talking it doesn't mean he doesn't love you. Women can usually tell when a guy is pissed off from other cues, don't rely on his silence as one!

### How to tell if he's cheating

Women are pretty good at picking up signs of anxiousness or tension. If a man is playing up on the side most women know it but a lot of them go into denial. Look for minor changes in his behaviour. One of the biggest



Allan and his wife Barbara have 6 children, 8 grandchildren and practice Ju Jitsu

tell-tale signs is he starts washing his own clothing, buying new underwear every other week or comes home late at night after work and has a shower, whereas he didn't do that before.

## How to find everlasting love

The way to find lasting love is simple. You just need to look for dates or partners who have the same five core values as you.

- 1 Finance:** What is your attitude toward money? Is your money my money? Is it our money? Whose is it? Who pays the bills?
- 2 Children:** Will we have kids? How many? How would they be raised? How would they be disciplined? Religious schools or public schools?
- 3 Family:** Are we going to see our family every week? Will family be invited for dinner? Where do we go for Christmas and Easter?
- 4 Sex:** How often? What will you do and what won't you do?
- 5 Spirituality:** How do you look at life? What is trust, honesty, sincerity? What is your interpretation of love?